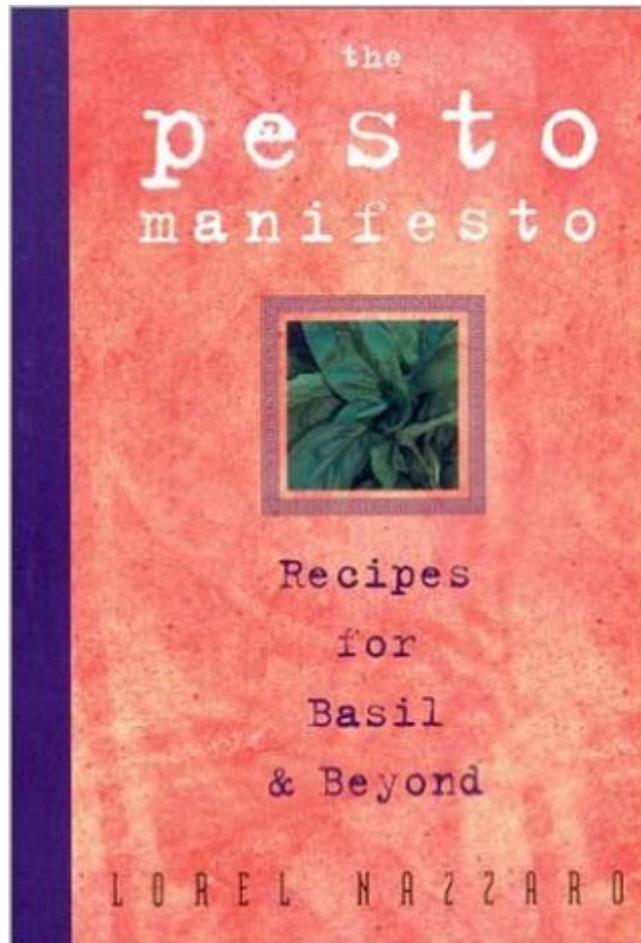


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The Pesto Manifesto: Recipes For Basil And Beyond



Synopsis

This is the definitive book about pesto, written by an enthusiastic author who is so obsessed with her subject that she has been known to play her violin to her basil. The Pesto Manifesto is primarily a cookbook, but it also includes lore, background information, growing and harvesting instructions, and advice for turning one's own pesto passion into a livelihood by starting a pesto-making business. This book, originally published in 1987, is more relevant than ever because of the burgeoning interest in Slow Food, all things Italian, organic gardening, and creative cuisine. The recipes in this book bring the spirit and taste of the artisan tradition to your own kitchen table. Pesto, which derives from the Italian word for "pounding," is also a food of choice for sustainable hedonists who prefer a mortar and pestle to a blender or food processor. Pesto resonates with meat and seafood as well as vegetables, grains, and pasta. Jazz up those dull, ordinary leftovers; pestocize potatoes; make delicious pestos with other greens. Going macrobiotic? Learn how pesto can liven up the journey. This book offers a wealth of innovative ways to use pesto and other green vegetable pastes in nearly any kind of cooking, to make your ordinary meals more diverse, exciting, and tasty.

Book Information

Paperback: 192 pages

Publisher: Chelsea Green Publishing Company (April 2002)

Language: English

ISBN-10: 1890132950

ISBN-13: 978-1890132958

Product Dimensions: 8.2 x 5.5 x 0.6 inches

Shipping Weight: 8.8 ounces

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

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Customer Reviews

The Pesto Manifesto: Recipes For Basil & Beyond takes the aspiring kitchen cook on an impressive and savory tour of world cuisines showcasing a cornucopia of pesto related recipes. From Tomato Pie; Cremini Mushroom Pasta; Pesto Bagel Chips; and Pesto Quiche; to Roman-Style Chicken with Pesto; Pesto Vegetable Salad; A Greek Pestoed Pastry; and Pesto Mocha Cheesecake, The Pesto

Manifesto offers a wealth of delicious, nutritious, "kitchen cook friendly" recipes. The Pesto Manifesto is enhanced with personal commentary by author/chef Lorel Nazzaro, and of special note is the chapter dedicated to "Start A Business And Be Your Own Boss" by growing basil and making pesto.

This woman has a passion for her subject. This multi-faceted book will fascinate, engross and inspire me for many evenings.

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